Psychotherapeutic Research and Psychosomatic Practice

60th Working Conference of the German College for Psychosomatic Medicine (DKPM) and the 17th Annual Conference of the German Society for Psychosomatic Medicine and Medical Psychotherapy (DGPM)

REGISTRATION AND CALL FOR ABSTRACTS

18th – 21st March 2009 in Mainz

Cooperating scientific associations

- Academy of Sexual Medicine (ASM)
- German Working Group on Psychosomatic Dermatology (APD)
- German Society for Medical Behavior Therapy (DGÄVT)
- German Society for Medical Hypnosis and Autogenic Training (DGÄHAT)
- German Society for Individual Psychology (DGIP)
- German Society for Medical Psychology (DGMP)
- German Society for Psychosomatic Gynecology and Obstetrics (DGPFG)
- German Society for Psychiatry, Psychotherapy and Neurology (DGPPN)
- German Society for Clinical Psychotherapy and Psychosomatic Rehabilitation (DGPPR)
- German Society for Psychoanalysis, Psychotherapy, Psychosomatics, and Depth Psychology (DGPT)

www.dkpm.de/mainz2009
To our English-speaking guests, Dear colleagues,

We are pleased to invite you to the 60th Working Conference of the German College for Psychosomatic Medicine (DKPM) and the 17th Annual Conference of the German Society for Psychosomatic Medicine and Medical Psychotherapy (DGPM) which will be held from 18th to 21st March 2009 in Mainz. For the sake of the international aspects of our conference and in order to make it more attractive also for non-German speaking audiences, numerous symposia and most plenary lectures will thus be held in English.

In the preliminary program flyer English sessions are marked with an [E]. In striving to fulfill the demands of evidence-based and guideline-oriented medicine, psychotherapy research is increasingly gaining in significance for the practice of psychosomatic medicine. Currently, psychotherapeutic psychodynamic and behavior therapy approaches to the treatment of a number of important disorders are being developed and evaluated in a series of collaborative multicenter studies in psychosomatic university clinics. These include trials on social phobia, eating disorders, somatoform disorders, and depression associated with physical illness. Together with international experts, questions pertaining to the differentiation and integration of methods, their specificity, the application of scientific results in therapeutic practice, professional training, and guidelines are discussed. We hope that this focal topic will help to facilitate the dialogue between psychotherapy research and the practice of psychosomatic medicine. We are delighted that, for the very first time, it has been possible to enlist the cooperation of a number of psychosomatic, psychotherapeutic and psychiatric associations contributing to our conference program. We cordially invite English-speaking colleagues from Europe and beyond to participate in our conference.

M. E. Beutel | M. Michal | H.-C. Deter (DKPM-Chair) | Thomas Loew (DGPM-Chair)

### Scientific program

**Wednesday, 18th March 2009**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>From 08.30 onwards</td>
<td>Continuing education courses</td>
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</tbody>
</table>
| 11.00 – 12.30 | **Forum Teaching**  
Meeting for teaching delegates from psychosomatic university clinics (planned) |
| 13.00 – 14.30 | **Working groups**                                                                |
| 13.00 – 14.30 | **Scientific symposia and state of the art lectures:**  
- Neurobiological underpinnings of psychotherapy (DGPPN, DKPM, DGPM)  
- Further symposia |
| 15.00 – 16.30 | Working groups                                                                     |
| 15.00 – 16.30 | Scientific symposia and state of the art lectures:  
- S3-Guidelines Depression (DKPM, DGPM, DGPPN, DGPT)  
- Further symposia |
| 17.00 – 18.30 | Poster session, Get Together                                                        |
| 19.00 – 21.00 | Assembly of DKPM members                                                            |
Thursday, 19th March 2009

08.30 | Congress opens

8.40 – 10.10
Plenary session: Process and outcome in psychotherapy
P. Fonagy (London): What works for whom?

10.10 – 10.30 | Opening address

11.00 – 12.30 | Method differentiation and integration based on the example of the Sopho-Net Study (BMBF-Association)

11.00 – 12.30
Scientific symposia and state of the art lectures:
- S3 Guidelines Eating Disorders
- Medically Unexplained Symptoms, international guidelines (EACLPP)
- Gender identity disorders (ASM)

12.30 – 14.00
- Press conference
- Young psychosomaticists lounge
- 12.15 – 13.15 | DGPM: Section Medical Psychotherapy
- 13.15 – 14.00 | DGPM: Section Psychosomatic Medicine

14.00 – 15.30
Scientific symposia and state of the art lectures:
- Psychocardiology. Gutenberg Heart Study
- Psychotherapy and relaxation techniques (DGÄHAT)
- Training program for the chronically ill (DGMP)
- Psychotherapy of borderline personality disorders (DGPPN, DKPM, DGPM)

16.00 – 17.30
Scientific symposia and state of the art lectures:
- Computer game and internet addiction
- Psychotherapy of CHD (SPIRR-CAD/DFG clinical study)
- Non-response and adverse effects of psychotherapy (SPR)
- Long-term study chronic depression (DGPT)

17.45 – 19.15
Poster session, Get Together

19.15 – 23.00
Assembly of DGPM members

Friday, 20th March 2009

8.30 – 10.00
Plenary session: Psychotherapy in psychosomatic medicine
R. Lane (Tucson): Affect and psychotherapy

10.30 – 12.00
Scientific symposia and state of the art lectures:
- Randomized studies in psychosomatic medicine
- Somatoform disorders (PISO/DFG clinical study)
- Eating disorders (EDNET, BMBF-Association)
- Psychotherapy with cancer patients
- Diabetes and depression (BMBF)
12.00–13.30
■ Meet the editor
■ Meeting of university teachers (up to 15.30)
■ Lunch symposium
■ Assembly of DGPPR members
■ Assembly of DÄVT members

13.30–15.00
**Scientific symposia and state of the art lectures:**
■ Depression and cognition in diabetes (BMBF Association)
■ Somatoform disorders in urology – Foundational session of the Section Psychosomatic Urology
■ Special case: Therapy of traumatized pain patients (DGIP)

15.30–17.00
**Scientific symposia and state of the art lectures:**
■ Quality management in practice and outpatient care (DÄVT)

17.15–18.15
Poster session – Get Together

18.30–19.45 Uhr | Awards ceremony
20.00 Uhr
Conference banquet in the “Alte Mensa” (Old cafeteria)

**Saturday, 21st March 2009**

8.30 – 9.00 | Awards ceremony
9.00 –11.00 | Plenary session:
Psychotherapy in somatic medicine
Individual and group therapy for cancer patients

11.30 – 12.30
**David Spiegel (Stanford):**
“Mind over Matter” (Carus Lecture)

12.30 – 13.00 | End of conference
Up to 18.00 | Continuing education courses

All meetings marked by 🇪 take place in English language.

**Training and continuing education on the following topics, e.g.:**
■ Manualized short-term therapies (social phobia, eating disorders, somatoform disorders)
■ Training programs for patients
■ Pharmacotherapy
■ Mindfulness-based interventions
■ Diagnostics and quality management in practice
■ Gender identity disorders

Further courses and online registration at www.dkpm.de/mainz2009
Registration of contributions and submission of abstracts

Invited are lectures contributing to planned symposia, special symposia, and poster presentations, as well as professional training and continuing education courses. Please register all abstracts online at www.dkpm.de/mainz2009. Suggestions for training and continuing education courses can be submitted electronically via the homepage.

Deadlines

12th September 2008 → Registration deadline for organization of symposia
29th September 2008 → Registration deadline for abstracts and working group sessions
2nd October 2008 → Registration deadline for those offering continuing education courses
20th February 2009 → Registration deadline for those taking part in continuing education courses

Please note: Additional registration is required for continuing education courses, as the number of participants is limited.

Conference fees

<table>
<thead>
<tr>
<th>Registration</th>
<th>before/after 31.01.09</th>
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<tbody>
<tr>
<td>Regular</td>
<td>Euro 230 / Euro 260</td>
<td>Day pass per day</td>
<td>Euro 110 / Euro 130</td>
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<tr>
<td>Members DKPM/DGPM</td>
<td>Euro 210 / Euro 240</td>
<td>Day pass Saturday</td>
<td>Euro 30 / Euro 35</td>
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<tr>
<td>New members DKPM</td>
<td>Euro 90 / Euro 100</td>
<td>Day pass for students</td>
<td>Euro 40 / Euro 50</td>
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<td>Creative therapists, nursing staff, parental leave</td>
<td>Euro 150 / Euro 170</td>
<td>Continuing education course* (2 double blocks)</td>
<td>Euro 25 / Euro 25</td>
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<tr>
<td>Psychotherapists in training, students</td>
<td>Euro 110 / Euro 130</td>
<td>Continuing education course* (3 double blocks)</td>
<td>Euro 40 / Euro 40</td>
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<tr>
<td>Conference banquet</td>
<td>Euro 25 / Euro 30</td>
<td>*exclusively in connection with conference registration fee</td>
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Conference venue

The conference will be held on the Johannes Gutenberg-University campus in Mainz. The campus is near to the train station and the historic city center.
Traveling to Mainz

Mainz is located in the middle of Germany, proximity to Frankfurt/Main Airport and can be reached easily due to its high-speed ICE train connections.

Accommodation

An exclusive contingent of hotel rooms is available for conference participants. Rooms are primarily in a central location or in the immediate vicinity of the conference venue. Due to the restricted number of rooms reserved, early booking is recommended. Further information and online reservations under www.dkpm.de/mainz2009

Registration and information

Conference office and contact person for registration:
Intercongress GmbH  |  Karlsruher Str. 3  |  79108 Freiburg
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Conference chairs:
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Photos: Peter Pulkowski / Thomas Hartmann / Dr. Rolf Beetz