

# Covariates in the Illness-Death-Modell

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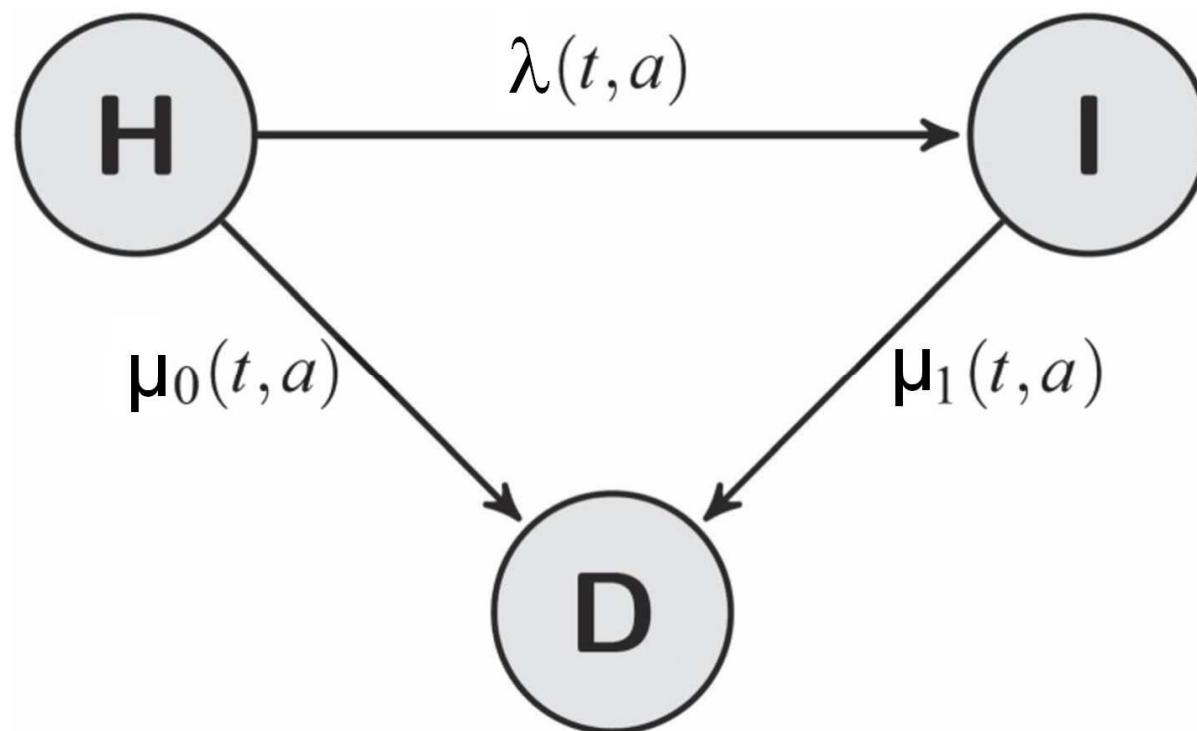
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# Content

- Illness-Death Modell
- Impact of covariates
  - Discrete Event Simulation (DES)
  - Effective Rate Method (ERM)
- Example: BMI and diabetes
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# Illness-Death Modell 1/3

Only irreversible diseases (chronic, i.e. no remission)

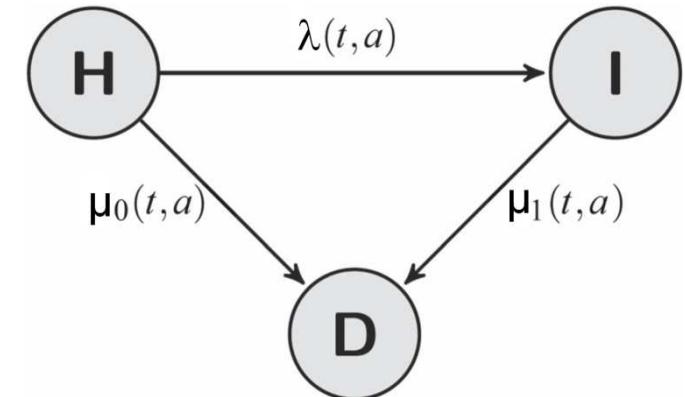


**H** Healthy  
**I** Ill  
**D** Dead

$\lambda$  Incidence  
 $\mu_0, \mu_1$  Mortality

$t$  Calendar time  
 $a$  Age

# Illness-Death Modell 2/3



Relevant events *for single subject*:

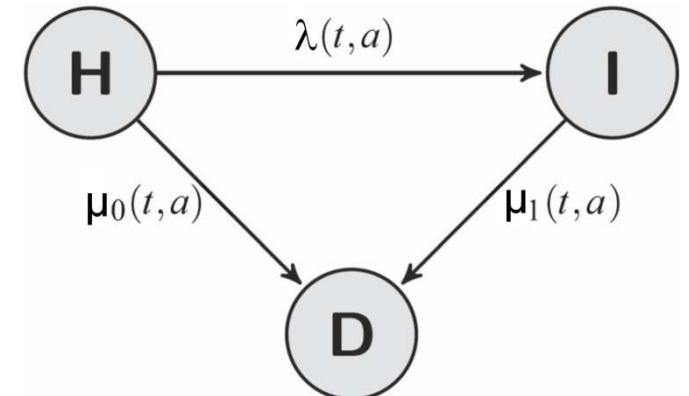
- Diagnosis (competing with death)
- Death

Simulation of events:

- First event: leaving state **H**
- If not dead  $\rightarrow$  second event: death from **I**

} DES

# Illness-Death Modell 3/3



Age-specific prevalence

$$\pi(t, a) = I(t, a) / (I(t, a) + H(t, a))$$

solves PDE

$$(\partial_t + \partial_a) \pi = (1 - \pi) (\lambda - \pi (\mu_1 - \mu_0))$$

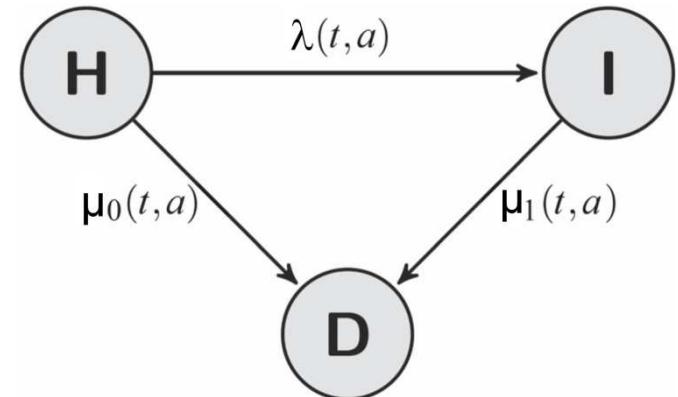
# Impact of covariates

How to deal with covariates  $Z$ ?

$$\lambda = \lambda(t, a, Z)$$

$$\mu_0 = \mu_0(t, a, Z)$$

$$\mu_1 = \mu_1(t, a, Z)$$

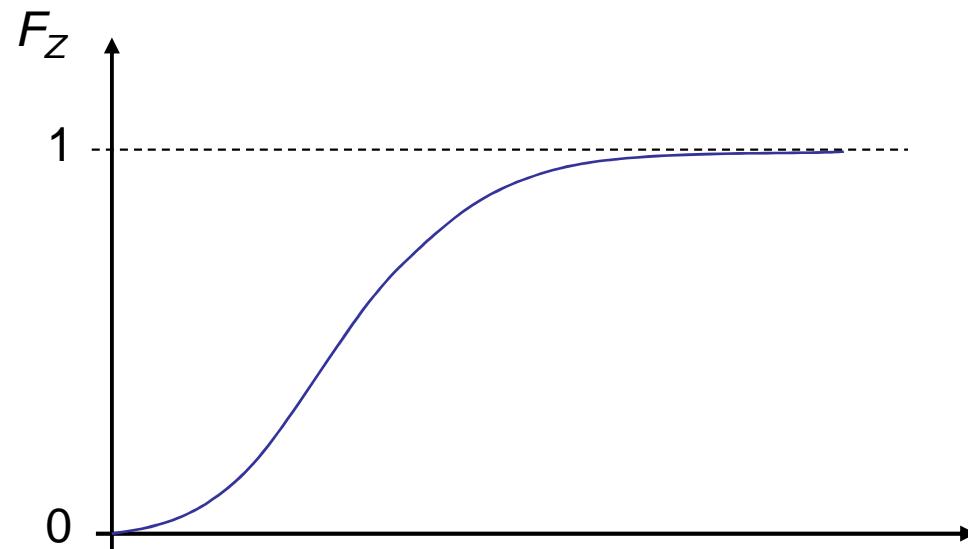


- Discrete event simulation (DES)
- PDE model  $(\partial_t + \partial_a) \pi = (1 - \pi) (\lambda - \pi (\mu_1 - \mu_0))$

# Impact of covariates: DES

For first event of subject  $i$ :

- 1) calculate:  $F(t, a, Z_i) = 1 - \exp(-\int(\lambda + \mu_0)(t - a + \tau, \tau, Z_i) d\tau)$
- 2) Inverse sampling from  $F$  to obtain time of first event



# Impact of covariates: PDE

1) Calculate „effective rates“

- $\bar{\lambda} = \int \lambda(Z) f(Z) dZ$
- $\bar{\mu}_0 = \int \mu_0(Z) f(Z) dZ$
- $\bar{\mu}_1 = \int \mu_1(Z) f(Z) dZ$

2) Feed effective rates into PDE

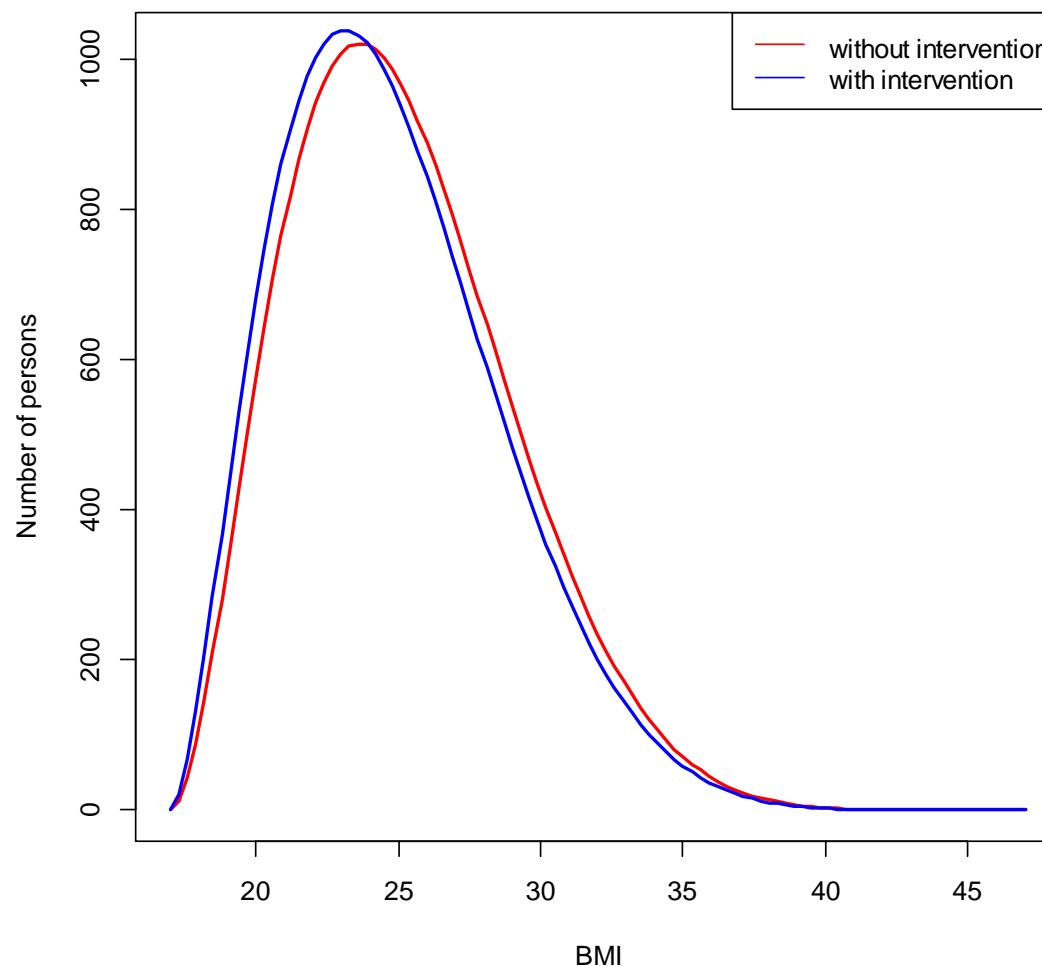
$$(\partial_t + \partial_a) \pi = (1 - \pi) (\bar{\lambda} - \pi (\bar{\mu}_1 - \bar{\mu}_0))$$

# Example: BMI and diabetes

- Incidence of diabetes increases by 10% per 1 unit increase in BMI
- Mortality increases by 2% per 1 unit (absolute) deviation from 23 in BMI
- DES: n = 10.000, birth cohort (\*1970) of German males
- Cohort mortality from DESTATIS

# Two simulations

BMI distribution as in German males (DEGS) approximated by  $\beta(3,8)$  distribution and  $\beta(2.8,8)$  distribution

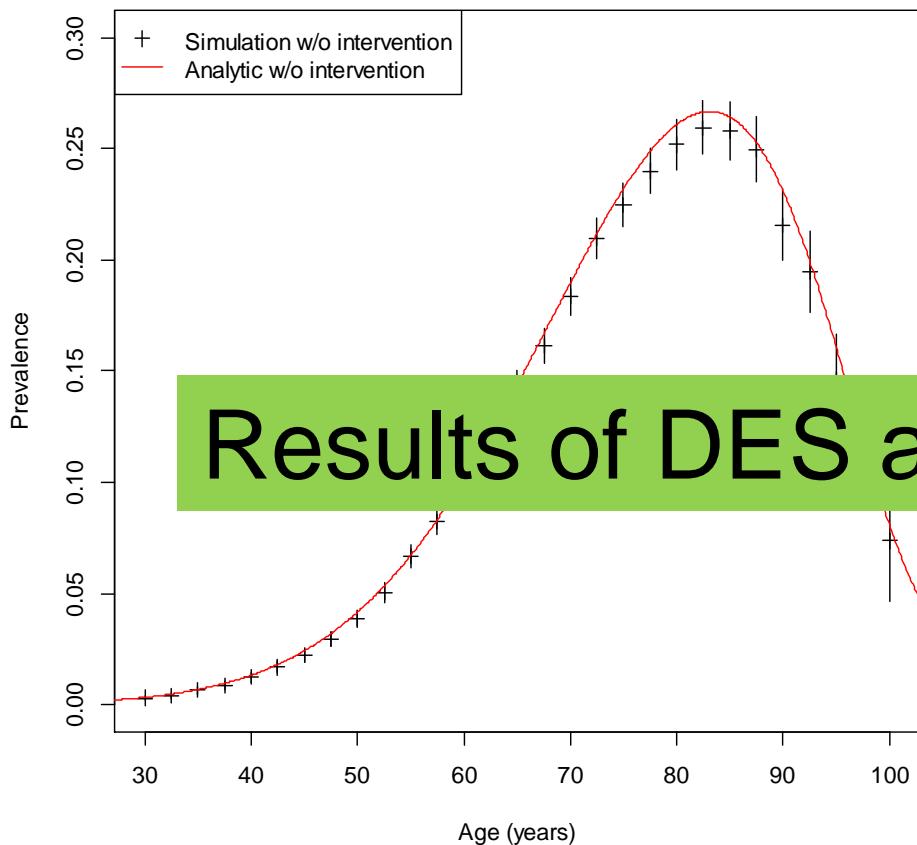


# Results

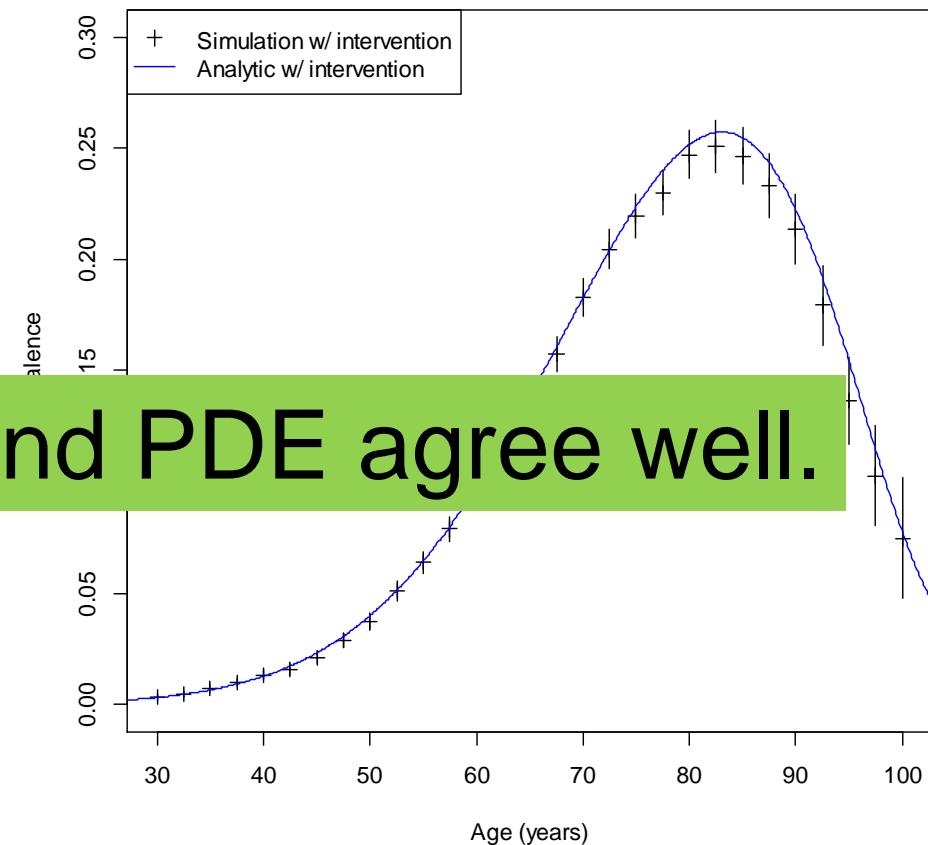
+ DES

— PDE with ERM

Without intervention („as is“)



With intervention ( $\Delta\text{BMI} = -0.5 \text{ kg/m}^2$ )



Results of DES and PDE agree well.

# Conclusions

- Results of DES and ERM agree
- ERM much faster than DES
- Estimation of important epidemiological / public-health figures possible