

ABSTRACT AND
REGISTRATION
DEADLINE
AUG 1ST

SYMPOSIUM
IN PERSON



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RESILIENCE
2022

UNIVERSITY MEDICAL CENTER
LANGENBECKSTRASSE 1
BUILDING 708

FROM FRANKFURT AIRPORT
TRAIN TO MAINZ CENTRAL STATION: 26 MIN, 5 €.
CAB: 25-35 MIN, 60-70 €.

FROM MAINZ CENTRAL STATION, PUBLIC
TRANSPORT, BUS BAY G, BUSES 9, 62, 63, 69, 76
(1ST STOP, 4 MIN).

PARKING
USE PARKING GARAGE "AUGUSTUSPLATZ"
(AM RÖMERLAGER, 55131 MAINZ, 5 MIN).

RESILIENCE
2022

8TH INTERNATIONAL
SYMPOSIUM ON
RESILIENCE RESEARCH

WORKSHOP
» EXPERIENCE
SAMPLING IN «
STRESS AND
RESILIENCE
SEPT 27

28-30
SEPTEMBER
2022
MAINZ
GERMANY

UNIVERSITY MEDICAL CENTER
LANGENBECKSTRASSE 1
BUILDING 708



WEDNESDAY SEPT 28

INTRESA BUSINESS MEETING

10:00 Intresa business meeting
(non-public)

SCIENTIFIC PROGRAM

13:00 Welcome

SESSION 1: RESILIENCE - BRAIN AND BODY

13:15 **Rajita Sinha, Departments of Psychiatry and Neuroscience, Interdisciplinary Stress Center, Yale University**

Resilience from what and for whom? The cumulative impact of traumatic stress on stress neurobiology and coping behaviors

14:00 **Caroline Ménard, Department of Psychiatry and Neuroscience, Université Laval, Québec City**

Sex-specific neurovascular alterations and biomarkers underlie stress responses in mice and human depression

14:45 **Constance Vennin, Leibniz Institute for Resilience Research, Mainz**

A glial-neurovascular network promotes adaptation after chronic social defeat stress in male mice

15:15 **Coffee**

15:45 **Nils Gassen, Department of Psychiatry and Psychotherapy, University of Bonn**

Autophagy in stress-related diseases and resilience - from cells to clinical trials

EARLY-CAREER SCIENTIST SHORT TALKS

16:30 Selected poster abstracts

POSTER SESSION

17:30 - With wine & cheese
19:00

SPEAKERS' DINNER

20:00 Speakers' dinner
(non-public)

THURSDAY SEPT 29

SESSION 2: RESILIENCE - BRAIN AND BODY CONTINUED

9:00 **Harm Krugers, Centre for Urban Mental Health, University of Amsterdam**

Stress and memory: from synapse to ensembles and behavior

9:45 **Marloes Henckens, Donders Institute, Radboud University Medical Center, Nijmegen**

Neural signature of stress resilience in mice

10:30 **Coffee**

11:00 **Sarah Ayash, Leibniz Institute for Resilience Research, Mainz**

Fear circuit-based neurobehavioral signatures and transcriptional networks shape resilience to chronic social stress

EARLY-CAREER SCIENTIST SHORT TALKS

11:30 Selected poster abstracts

POSTER SESSION

12:30 With lunch

SESSION 3: SESSION 3: RESILIENCE - MIND AND BEHAVIOR

14:15 **George A Bonanno, Department of Clinical and Counseling Psychology, Columbia University**

Trauma and the resilience paradox: The key role of adaptive flexibility

15:00 **Gal Sheppes, School of Psychological Sciences and Sagol School of Neuroscience, Tel Aviv University**

Beyond "good & bad" and "here & now" in emotion regulation: Findings and implications for psychopathology and psychotherapy

15:45 **Coffee**

16:15 **Ulrike Basten, Department of Psychology, University of Koblenz-Landau**

Individual differences in emotion regulation choice: Associations with regulation capacity, resilience, and well-being

16:45 **Antje Riepenhausen, Department of Psychiatry, Charité Berlin**

Positive cognitive reappraisal in stress resilience, mental health, and well-being

GUTENBERG SOCIAL

18:30 A bit of food and drinks and a look at the world's first printed bible

FRIDAY SEPT 30

SESSION 4: RESILIENCE - MIND AND BEHAVIOR CONTINUED

9:30 **Peter Koval, School of Psychological Science, University of Melbourne**

Flexible use of reappraisal in daily life is not associated with daily or global well-being: correlational and experimental evidence

10:15 **Jennifer Bellingtier, Department of Developmental Psychology, Friedrich Schiller University Jena**

A domain-differentiated approach to emotion regulation following daily hassles

10:45 **Coffee**

11:15 **Tania Lincoln, Institute of Psychology, University of Hamburg**

The role of emotion regulation in the characterization, development and treatment of psychopathology

12:00 **Eranda Jayawickreme, Department of Psychology and Program for Leadership & Character, Wake Forest University**

Can people really "grow" from adversity?

POSTER AWARD CEREMONY

12:45 Conclusions and Farewell

LUNCH

13:15 Lunch

WORKSHOP
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SEPT 27